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Iowa State Daily, September 2018

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9-25-2018

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Iowa State Daily

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09.25.18 **Vol. 219 No. 026**

MAX GOLDBERG/ISD

Research Park receives \$1.7 million grant

BY ANNELISE.WELLS
@iowastatedaily.com

Iowa State University's Research Park will receive a \$1.7 million grant to support a manufacturing test lab, the U.S. Department of Commerce announced on Thursday.

The grant will be given by the United States Economic Development Administration (EDA) to make improvements to the park's infrastructure, so it can support a manufacturing test lab facility, according to the press release.

“This grant furthers the important work being done there,” said Gov. Kim Reynolds in a press release. “It also highlights two sources of pride for our state: manufacturing, our largest and fastest growing industry, and our public universities, which leverage more than \$1 billion in research and development funding each year.”

According to grantee estimates, the press release said “the project is expected to create over 450 jobs and generate \$10 million in private investment.”

"Iowa State's Research Park is truly a center of excellence," Reynolds said in the press release. "It's a place where industry members learn best practices from one another and pilot and scale-up new technology."

The grant will allow a U.S. manufacturer to host its test lab within Iowa State's Research Park as well as provide jobs that are close to the university.

ARE
YOU
A VOTER?

Groups advocate for civic engagement

BY DEVYN.LEESON
@iowastatedaily.com

National Voter Registration Day on Tuesday is the focus of multiple groups on campus who will be registering and informing students on voting in the mid-term elections.

Eight non-partisan campus groups, including Student Government's Civic Engagement Committee and the 'I Am a Voter' campaign, will be registering students to vote at three different locations on campus.

Voter registration tables will be held at the Sloss House from 9 a.m. to 3 p.m., outside the UDCC from 10 a.m. to 2 p.m. and inside Parks Library from 9 a.m. to 5 p.m.

“[National Voter Registration Day] is a national holiday to help people register to vote for the first time, update their registration or learn more about how to vote if they already are registered,” said Kathryn Walker, Iowa State student and founder of the ‘I Am a Voter’ campaign.

Walker said the campaign is a culmination of all civic engagement resources and organizations on campus.

While Student Government's civic engagement committee works to educate voters on candidates, elections and voter engagement, Walker said the 'I Am a

>> VOTE PG4



MIKINNA KERNS/ IOWA STATE DAILY

An Iowa State Student enters Buchanan Hall June 5. Buchanan Hall was used as a voting location for the primary elections.



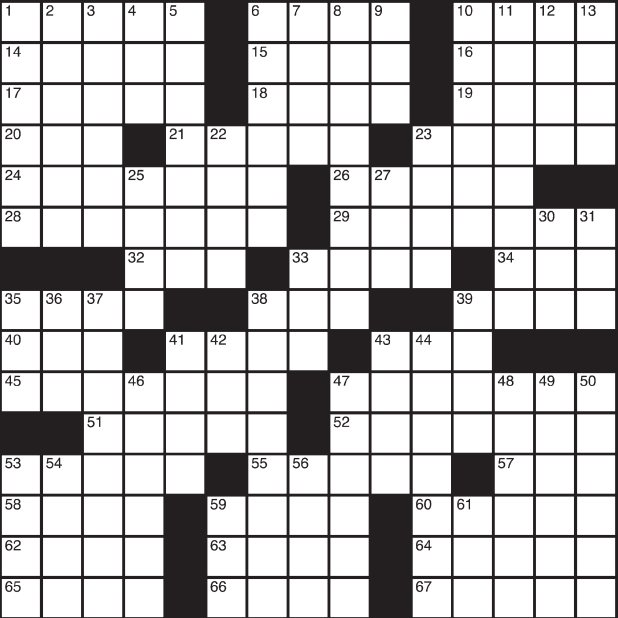
Ames • Boone • Story City



DID YOU DQ TODAY?



Crossword



Across

1 6-Across, for one
6 Friday portrayer
10 Flag down ____
14 Totally lose it
15 Modest reply to a compliment
16 Sported
17 Zimbalist Jr. of "77 Sunset Strip"
18 Playwright Akins and Tony winner Caldwell

19 Et ____: and others
20 Repeatedly, in poems
21 The first Mrs. Trump
23 Reaction to a pun, perhaps
24 Driver with a permit
26 *Monopoly cards
28 Snickered at
29 Start of a confession to a priest
32 Ed's workload
33 *Warty leaper

34 "You've got mail" Internet giant
35 Recedes to the sea
38 "Oedipus ____"
39 Beggar's request
40 Spanish aunt
41 *Robin's egg color
43 Cookie container
45 Concur about
47 Mary's little follower
51 *Scrub
52 Latvia neighbor
53 Sonic bursts
55 Make joyful
57 Cold War initials
58 Prefix with Chinese
59 Silly smile, maybe
60 Inline roller
62 Sly glance
63 ____ platter: Chinese menu choice
64 Tuckers (out)
65 Use intense light on
66 Laundry challenge
67 Begin

Down

1 From long ago
2 *With 13-Down, roasted aromatic seed
3 Fish-and-chips sauce
4 Reveal, in verse
5 Helps remember
6 *Oz ruler

7 School for English princes
8 Place for pumpernickel
9 Fly-____: air passes
10 Military medals, e.g.
11 Really huge
12 "Carmen" highlight
13 *See 2-Down
22 Victory signs
23 Turned right
25 Canyon perimeters
27 Portuguese "she"
30 *Pop's partner
31 2012 British Open winner Ernie
33 Peg on the links
35 Terminal expectation: Abbr.
36 *Tom Hanks film
37 Lines on labels
38 Second-place finisher
39 Folk singer Guthrie
41 Swarming stingers
42 Mauna ____
43 Kid around
44 Swears to
46 "Get Shorty" author Leonard
47 *Piece of packing material
48 Michael who played Cochise
49 Title associated with the 11 starred answers
50 Most meager
53 *Bird's beak
54 Fit for military duty
56 Fat removal, briefly
59 Navig. aid
61 Christopher Carson, famously

POLICE BLOTTER

09.22.18

An individual reported the theft of a wallet at Buchanan Hall (reported at 1:36 a.m.). The wallet was later recovered.

An officer investigated a personal injury collision on State Avenue and Mortensen Road (reported at 7:14 a.m.).

Colin John Kyhl, age 18, of 204 Beach Road Unit 323 — Ames, Iowa, was cited for possession of alcohol under the legal age.

Allen Joseph Keane, age 19, of 131 Beyer Court Unit 323 — Ames, Iowa, was cited for possession of alcohol under the legal age at Lot G3 (reported at 9:22 a.m.).

Collin Matthew Heath, age 18, of 31636 110th Street — Cedar Falls, Iowa, was cited for possession of alcohol under the legal age.

Wyatt Russel Runksmeier, age 20, of 4221 Toronto Street — Ames, Iowa, was cited for possession of alcohol under the legal age at Lot G3 (reported at 9:31 a.m.).

Aaron James Allard, age 20, of 316 Lynn Avenue — Ames, Iowa, was cited for possession of alcohol under the legal age at Lot G3 (reported at 9:58 a.m.).

Peter Zet Jorgensen, age 19, of 228 Gray Avenue — Ames, Iowa, was cited for possession of alcohol under the legal age at Lot S8 (reported at 9:59 a.m.).

Wade Eugene Stover, age 19, of 2122 Lincoln Way — Ames, Iowa, was cited for possession of alcohol under the legal age.

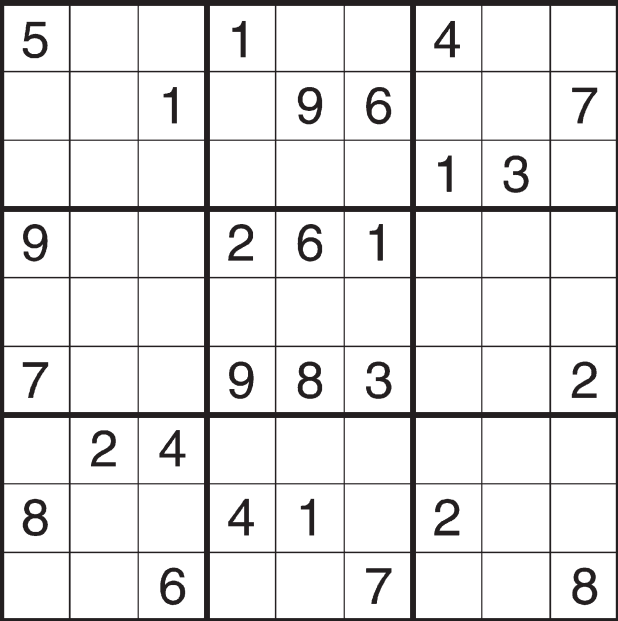
A 17 year old female was referred to Juvenile Court Services for possession of alcohol under the legal age Lot G3 (reported at 10:12 a.m.).

Braeden Reece Burns, age 18, of 2105 Walnut Grove Lane N — Plymouth, Minnesota, was cited for possession of alcohol under the legal age Lot G2 (reported at 10:18 a.m.).

Elsa Marie Wright, age 19, of 2138 Sunset Drive — Ames, Iowa, was cited for possession of alcohol under the legal age at Lot G3 (reported at 10:15 a.m.).

Caleb Dennis Goodman, age 20, of 104 Colorado Ave - Ames, Iowa, was cited for possession of alcohol under the legal age at Lot G3 (reported at 10:19 a.m.).

Sudoku *by the Mephram Group*



LEVEL:
1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

FEATURE PHOTO



WILLIAM SIBILSKI/IOWA STATE DAILY

>> Studying in the shade

Freshman in aerospace engineering Luke Schaeckenbach studies chemistry on Central Campus on Monday. With a slight breeze across the campus and the sun out in full force, Schaeckenbach said the shade was a perfect spot to study for his classes.

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

IOWA STATE DAILY

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		PERIODICALS POSTAGE	



TAYLOR HAIGE/ IOWA STATE DAILY
William Peterson, a sophomore in mechanical engineering, speaks with Meztli Morales, the corporate recruiter at Husco, about a potential internship.

Advice from Dean Spalding: How to secure an internship at the business career fair

BY KIRSTIE.MARTIN
@iowastatedaily.com

Iowa State’s Business, Industry and Technology Career Fair will be held on Wednesday, Sept. 26 from noon to 5 p.m. at Hilton Coliseum.

David Spalding, Raisbeck endowed Dean of the College of Business, said “one of the most important things our students can do is go to the career fair.”

The career fair is held every fall and spring with more than 200 employers attending from across the United States.

The Ivy College of Business has a approximately 96 percent placement rate for their students after graduation, Spalding credits the career fair as large part of this high placement rate.

All College of Business students are encouraged to attend, especially sophomores

who are in a prime position in their academic career to obtain internships.

“That internship between sophomore and junior year sets you up for the future,” Spalding said. “By the time some students hit the fall of their senior year they have their full-time job, they don’t need to go to the career fair the fall of their senior year.”

The career fair is also important for freshmen to attend as they get the opportunity to talk to companies without having to worry about leaving with an internship.

Spalding said many students forget companies are happy to talk to freshmen, as more and more are developing internships for younger students after encouragement from the College of Business.

“Even if you don’t end up with an internship after your freshman year, the experience of having talked to companies you may be interested in builds on itself,” Spalding

said. “Many of those same companies will come back next year, and when you come back and say, ‘hey, I was in your booth last year,’ they’re going to mark on the fact that you were so interested that you came back again.”

The first time attending the career fair may be intimidating, but attendance from the beginning of a student’s academic career is important to gain experience.

Talking to a range of companies can also help students narrow down what area they want to go into as employees are able to share what they do on a day-to-day basis, Spalding said.

“The most important thing to remember is that the people in those booths really want to talk to you,” Spalding said. “Those companies are making a real investment by having employees there to talk and engage with students.”

Parents of convicted killer to share family story

BY CAITLIN.YAMADA
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On June 24, 2009, Mark Becker walked into the Falcon field house in Parkersburg, Iowa and shot his former high school football coach Ed Thomas in front of 22 students, three days after he was diagnosed as a paranoid schizophrenic.

In March 2010, Mark was convicted of first-degree murder and was sentenced to life in prison.

On Tuesday, Sept. 25 at 7 p.m. in the Great Hall of the Memorial Union, Mark’s parents, Joan and Dave Becker, will share their story and experiences coping with Mark’s paranoid schizophrenia.

“The Beckers spent years visiting doctors, pleading with state mental health services and trying to get their son help for what was finally diagnosed as paranoid schizophrenia just three days before the unthinkable happened in their rural community of Parkersburg,” according to the Iowa State Lectures Program.

In 2015, Joan Becker published a book, Sentenced to Life, sharing how their family experience “served as the catalyst for her to become an advocate and public speaker for individuals with mental illness.”

“The Beckers hope their message will help other families, caregivers and professionals understand how they can make a difference in moving forward and improving our mental health system,” according to the Lectures

Program.

Representatives from the ISU Police Department and Student Health and Wellness will be at the event to share information on campus resources during the Q&A discussion.

This lecture is part of National Recovery Month, which is held in September to educate and raise awareness about mental health and substance use. After the lecture, the Story County Metal Health Resource fair will be held in the South Ballroom.

The lecture is co-sponsored by the Division of Student Affairs, National Alliance on Mental Illness on Campus, Story County Mental Health Expo, Student Counseling Services and the Committee on Lectures.



DANIELLE PETERSON/ ISD

Tibetan Monks: The symbolism of the sand mandala

BY MEG.GRICE
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Contrary to the majority of art forms and symbolic creations, the sand mandala embodies much more significance during its creation and destruction than in its preservation.

On Sept. 24 Sheling Rinpoche and Geshe Rinchen, two monks from the Drepung Loseling Monastery, led a presentation in the Sun Room of the Memorial Union to explain the significance of the sand mandala.

To preserve their culture and Buddhism itself, Rinchen noted how truly important their work is in making the world a better place, especially when monks often live in exile.

“We have this opportunity to share our culture with all of you ... because of the Dalai Lama and the United States government,” Rinchen said.

The mandala comes from the Tibetan culture and tradition, Rinchen said. The mandala being made in the mandala here is a manifestation of the Buddha of Compassion.

“Mandala literally means residence, or place of, the Buddha of Compassion,” Rinchen said. “There’s two kinds of mandalas: one is that of the creation of sand, and one is that you can imagine in your mind.”

Both kinds, however, require a great amount of physical effort. Using their hands and straining their backs, both monks admitted how tired the process makes them concerning the physical form.

The various manifestations, or deities, of the Buddha all have their own mandalas (Buddha of Compassion, Buddha of Wisdom, and so on). These mandalas can vary in both size and shape.

“The substances used in the creation of the mandala can be gold, can be silver, and different kinds of jewels,” Rinchen said.

To begin, the monks must get permission from both the humans and the “invisible beings who also occupy the place,” such as water spirits.

In the mandala itself, there are four entrances, or gates, in each direction.

“You can see in the middle these lotus leaves. That represents the Buddha of Compassion,” Rinchen said.

The various deities will have a different symbol in the center. Each gate contains a different color. Green occupies the north, blue the east, white the west and yellow the south. The colors in the different directions represent the five different Buddha families in five different colors, “... when we achieve enlightenment, then our five angry gates transform into the five Buddha gates,” Rinchen said.

Concluding the entire process, the dispersal of the sand represents both impermanence and dependence.

“The concept of the mandala [is that] everything is connected.”

BY SEBASTIAN.KREMBUSZWESKI
@iowastatedaily.com

A group of engineers at Iowa State are developing a new program to help improve the process of collecting agriculture and transportation information.

Hongwei Zhang, associate professor of electrical and computer engineering, is the project’s principal investigator.

Zhang and his team are currently working on a project called ‘CyNet’ that is funded through a \$999,919 grant from the National Science Foundation.

‘CyNet’ hopes to solve some of the data collecting and researching challenges in the agriculture field.

The new system network will collect a mass amount of data and store it in its own cloud on campus.

The system hopes to provide information for researchers in a way that saves more time and money than before.

The team includes Arun Somani, associate dean of the College of Engineering; Ahmed Kamal, professor of electrical and computer engineering; Patrick Schnable, distinguished professor of agronomy and director of the plant sciences Institute; and Anuj Sharma, associate professor of civil, construction and environmental engineering.

Curtiss Farm will be acting as the testing site for the new technology and the project is estimated to last a couple of years.

The official field test for the project starts on Oct. 1 and aims to be a step in the right direction for the future of agriculture and transportation.

Part of the project involves using self driving cars that

the department of civil engineering will construct.

However, it is unknown at this time how many cars will be involved.

Iowa State is currently the only university working on this project, but Zhang said there is interest to work with other schools.

“We are definitely open to the idea of sharing this project with other schools not just in the Midwest, it’s very expendable technology,” Zhang said.

Zhang was previously an associate professor at Wayne State University in Detroit for 11 years and said he is excited to start his first project at Iowa State.

“Each project has their own impact, they are driven by passion,” Zhang said. “They are not just for the faculty, but also for the students involved.”

>> VOTE Pg1

Voter’ campaign looks to change the culture behind voting from something people do to something people identify themselves as.

“Lots of other school’s civic engagement committees have had success rebranding voting as part of students’ identities, and that is what we want to do as well,” Walker said.

To accomplish this, the campaign is partnering with the Andrew Goodman Foundation, Campus Election Engagement Project, Catt Center for Women and Politics, League of Women Voters, Politics at ISU and Save the Children Action Network. These groups will help register and educate voters on which elections will be on the ballot and the importance of voting.

“We want to combine all of our resources between the different civic engagement groups on campus to bring cohesiveness to groups that don’t typically have cohesiveness,” Walker said.

All of the groups working within the campaign and participating in Tuesday’s voter registration efforts are non-partisan, but Walker said they were approached by other partisan groups as well.

“We will try to help them, as in we will get them any resources they need, and we will do that equally between both parties and all parties,” Walker said. “We try to start the conversation and preface it with the fact that we don’t align with a party because we don’t want people to think we are giving them information to help one party over the other.”

Making sure every voice is heard is why Walker said these voting efforts are important. While many students are apathetic to the voting system or think their voices aren’t heard, Walker said the government still impacts areas of our lives that most people never think about.

“For example, the government mandates when people are at school and for how long,” Walker said. “A lot of other things are part of our daily lives and managed by the government in some capacity. It is up to us, the voting populace, to make our voices heard.”

There are other efforts Walker said the campaign is working on to register voters, including talks with Iowa State Athletics to get athletes, who have a larger audience, to endorse voting. They also have plans to build a float at the Iowa State Homecoming Parade as well as partner with Iowa State Theatre and different colleges to promote civic engagement amongst majors who have a low turnout.

“We are trying to attack it from all angles, because it is not just one thing where you can register voters,” Walker said. “While setting up a table to register voters is helpful, if you make it something where more people are involved, they will be more likely to turn out to the polls.”

STATE OF IOWA OFFICIAL VOTER REGISTRATION FORM

Revised 2/3/2017

In Iowa, you are not qualified to vote if you have been convicted of a felony and have not received a restoration of voting rights. You may apply to the Governor to restore your voting rights.

Qualifications

1. Are you a citizen of the United States?

☐ Yes☐ No

2. Will you be 18 years of age on or before Election Day?

☐ Yes☐ No

If you answered “No” to either of these questions, do not complete this form.

ID Number

Provide your Iowa driver’s license, non-operator ID number, or the last 4 digits of your Social Security number if you have one.

☐ IA driver’s license #:

☐ IA non-operator ID #:

☐ Last 4 digits of Social Security number: XXX – XX –

☐ I do not have an IA driver’s license, non-operator ID, or Social Security number.

Additional Information

Date of birth and sex are required.

Date of Birth (month, day, year)

Sex☐ Male☐ Female

Phone and/or Email (optional)

Your Name

Last

First

Middle

Suffix

Address Where You Live

Street Address (include apt., lot, etc.)

CityZipCounty

If homeless or you do not have an established residence, describe where you reside:

Where You Receive Mail (if different)

Address/P.O. Box

CityStateZip

Previous Voter Registration Information

Your name was

Your address was

Your city and state were

Your zip was

Political Affiliation (check only one)

Political Parties:☐ Democratic☐ Libertarian☐ Republican☐ No Party

Non-Party Political Organizations:☐ Green

WARNING

If you sign this form and you know the information is not true, you may be convicted of perjury and fined up to \$7,500 and/or jailed for up to 5 years.

Registrant Affidavit

I swear or affirm under penalty of perjury that:

I am the person named above.

I am a citizen of the United States.

I have not been convicted of a felony (or I have received a restoration of rights).

I am at least 17 ½ years old.

I live at the address listed above.

I am not currently judged by a court to be “incompetent to vote.”

I do not claim the right to vote anywhere else.

Signature

Date

CUT ME OUT Celebrated on Tuesday, Sept. 25, National Voter Registration Day encourages citizens to register to vote.

LETTER



MIKINNA KERNS/ IOWA STATE DAILY

Student leaders at all three regent universities penned a letter advocating for voters to invest in higher education by voting candidates into office that will advocate for policies and programs to support students, faculty and colleges in Iowa.

Commit to higher education

As Iowans engage with candidates across the state in preparation for voting this November, the future of Iowa’s workforce and access to affordable higher education must be a priority. As student leaders at our Regent institutions, we call on each candidate to express their position on public higher education in Iowa. As Iowans vote for their preferred candidate in the Governor’s race, and House and Senate elections, each voter deserves nothing less than open and honest commitments from candidates on their support for our universities.

It is no secret that our universities have experienced generational divestment over the past decade and beyond. Year after year the General Assembly has cut away at appropriations to Regent institutions and left students to make up the difference. This is not sustainable. In 1990, state dollars accounted for approximately 65 percent of university funds and student tuition dollars made up approximately 28 percent. This year, those numbers are flipped. The gap only continues to grow, with students continually being asked to pay more each year, despite higher enrollments than times when state support was at its peak, creating an environment of crippling student debt. In fact, the Iowa Board of Regents has been forced to increase student tuition each year since 2016, sometimes in the middle of the year. These increases have forced families to make difficult choices about how to pay for unexpected tuition expenses. For instance, cuts forced students to vote to raise their own fees

in order to have access to basic mental health services, previously funded by legislative appropriations.

As Iowa enters a period of record-low unemployment, employers consistently complain that they cannot find or attract enough qualified employees to fill their positions. It is our universities and community colleges that train Iowa’s workforce; continued divestment in higher education will only exacerbate these challenges. Our alumni proudly live and work in each of Iowa’s 99 counties, but data shows that our rural communities are shrinking. We must work with one another to develop policy that encourages the next generation of professionals to develop their career and establish their roots in Iowa. As a result of this generational divestment, each of our universities have been forced to make difficult decisions because of a lack of resources, including ending support for longstanding services previously provided by our universities. This includes the closing of centers, reductions in the work force, and the elimination of programs. The future of these services cannot be placed on the backs of students who are often taking out large loans to pay for college. If we fail to invest in the next generation of Iowans, our best and brightest will search for greener fields outside Iowa’s borders.

Now more than ever, students and community members are eager to vote in elections to make their voice heard. We all know that elections have consequences. We challenge each and every

voter to ask the hard questions of candidates vying for their vote. What is your position on funding our universities? How do you plan to ensure students trained at Iowa universities stay in the state after graduation? What policies or programs will you support to help reduce student loan burdens? These are just a few of the many questions candidates seeking state office ought to answer for their constituents. Before you vote in this important election, hold each candidate accountable and ask that they commit to supporting the future of our state.

Respectfully,
Dexter Golinghorst, Maysville, Iowa
 President, University of Iowa Graduate and Professional Student Government
Hira Mustafa, West Des Moines, Iowa
 President, University of Iowa Student Government
Julian Neely, Johnston, Iowa
 President, Iowa State University Student Government
Drew Stensland, Cedar Falls, Iowa
 President, Northern Iowa Student Government
Norin Yasin Chaudhry, Ames, Iowa
 President, Iowa State University Graduate and Professional Student Senate

EDITORIAL

Today, go beyond voter registration

With National Voter Registration Day today — a holiday celebrating democracy observed on the fourth Tuesday of September, a growing concern nationwide is the mass of unregistered voters, especially at the collegiate level.

But the issue has deep roots in citizens as a whole, too. In Iowa alone, there is an estimated 300,000 unregistered and eligible .

Insidehighered.com states that the percentage of students who were in a study at Tufts University that were registered to vote has increased. However, there was still many registered voters who did not vote. Roughly 48.3 percent of students in the study were registered, and only 68.5 percent of those who were registered actually voted.

While there has been much improvement since 2012, there is still more work that needs to be done.

For those of you who live in two different states and are wondering how to vote, you only have to register in one state, either where you go to college or where your permanent residence is. For most people, this is where your parents live.

When you do vote, if you are in a different state than your home state, you can mail in your vote to the voting office in your home state. While you can vote from other states, you cannot be registered to vote in two different states.

Many places around Ames are making it possible for unregistered voters to become registered. On Tuesday Sept. 25, there will be many places to get college students registered, such as the Ames Public Library and various locations around Iowa State.

To be an engaged and active citizen in your community, especially as midterm elections near, it is important for college students to understand the significance of their vote and realize that it does matter.

Even more so, don’t just take the steps to participate in the electoral process but read up on potential candidates. Look beyond party and consider topics that are most important to you.

Recognize that while party affiliation may help you identify with perspectives and ideologies important to you, civic engagement takes understanding where others may be coming from in their political beliefs.

This Tuesday, participate in National Voter Registration Day. The Daily even printed out a form for you to fill out on page four. However, make sure that when you show up to the voting booth on Nov. 8 that you are also informed and engaged with the beliefs held those you hope to vote into office.

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Cyclones clean up third down mistakes

In his weekly teleconference, Matt Campbell also covered quarterbacks and the NCAA's new redshirt rules

BY AARON.MARNER
@iowastatedaily.com

Following Iowa State's 26-13 win over Akron on Saturday, Iowa State coach Matt Campbell conducted his weekly media teleconference and discussed everything from the Cyclones' quarterbacks to their upcoming opponent, the Texas Christian University Horned Frogs.

Kempt still battling back

Iowa State has been dealing with backup quarterbacks for much of the last decade. It's rare for the Cyclones to go a full season without playing a backup quarterback at least part of the season due to injuries, suspensions and the team's performance.

Redshirt senior Kyle Kempt was the latest starting quarterback at Iowa State to face the repercussions of this trend when he hurt his MCL against Iowa in the season opener.

"We got a good report from where he was on Sunday," Campbell said. "We'll have a better understanding of how quick we could possibly see him based on Tuesday."

Campbell wouldn't give a firm timeline but said Kempt could be back within two weeks.

In the meantime, redshirt sophomore Zeb Noland has performed well as a step-in. He won his second game in three career starts against Akron and was accurate, connecting on 26 of his 34 pass attempts while avoiding

turnovers.

The Cyclones also mixed in freshman quarterback Brock Purdy for two plays. Purdy didn't attempt a pass but ran the ball one time for a 1-yard loss.

Working to avoid third down problems

Iowa State struggled on third-down situations against Akron, converting on only six of their 16 attempts.

This resulted in more punts and field goals. Sophomore kicker Connor Assalley drilled all four of his field goal attempts, but as Noland pointed out after the game, it's not easy to score points when you're facing third-and-long situations.

"I think a little bit too was game situation," Campbell said. "You go back and you watch that from last week, you're more than anything trying to get points on the board."

Campbell also said the last field goal came when Iowa State was trying to run out the clock and was unable to pick up a first down, leaving little choice on fourth down.

"One thing that's good to see is we are scoring points down there," Campbell said. "I think that's big for us right now and our confidence."

Redshirt rule helps Iowa State newcomers

A new rule in college football this year allows players the ability to participate in up to four games per season without having that



KATLYN CAMPBELL/ IOWA STATE DAILY

Quarterback Kyle Kempt (left) and quarterback Zeb Noland (right) talk before the game against University of Akron during their game at Jack Trice Stadium on Sept. 22. Kempt didn't place in this game due to an injury.

season count toward their eligibility.

While Iowa State hasn't utilized too many players in that scenario yet, Campbell may have provided a window against Akron about who will get action in those games.

Barring injury, it seems unlikely that Purdy will play in more than four games this season, given Noland's play as the starter and the upcoming return of Kempt. That means Purdy could still redshirt and enter next season with four years of eligibility remaining.

"I don't know if much has changed in terms

of how we go about redshirt or not redshirting," Campbell said. "We're in a really good spot in year three where you've got to earn the right to play. If you can help us, we're gonna try to put you in a situation to do so."

Campbell said the rule adds flexibility and helps put players and coaches in a better position to see who is ready right away and who's not.

"I certainly like the rule, and it's something we've used to our benefit already," Campbell said.

COLUMN

Chase Allen: Iowa State's hidden weapon

BY NOAH.ROHLFING
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A lot of the injury talk around the Iowa State program right now centers around Kyle Kempt.

When will he be back? Will he start when he's healthy? Should he start when he's healthy?

All valid questions. However, there's another starter whose status is uncertain for the Cyclones' trip to TCU on Saturday (6 p.m., ESPNU), and he's tied for fifth on the Cyclones' roster in receptions: tight end Chase Allen.

The redshirt sophomore has only played in two games this season, but he has already surpassed his reception total from last year, when he brought in four passes for 36 yards (still, he was the Cyclones' leading tight end).

A lot of his production has ridden on the shoulders of fellow redshirt sophomore Zeb Noland, the man with the keys to Iowa State's offense (for now). Noland has been the quarterback for four of Allen's five receptions, with three coming against Iowa and two against the Sooners.

Allen missed the Akron game with a groin injury he suffered late in the Oklahoma game, when he pulled up limping after running a route.

Campbell said after the Akron game that Allen's injury status is uncertain for TCU.

"It's more of a Tuesday/Wednesday call," Campbell said. "I'll have more information for you Tuesday on that."

From the outside looking in, it seems obvious to include a healthy Allen in the Cyclones' offensive game plan. At 6-foot-7, 230-plus pounds and light on his feet, he fits the description of a red-zone target almost to a tee. The only problem is that, under Campbell, Iowa State hasn't used tight ends much in the passing game.

In 2016, Campbell's first year, tight ends combined for six receptions and 56 yards with zero touchdowns. Not exactly setting the world on fire. In 2017, the amount dropped to five receptions for 44 yards and zero touchdowns.

There's a reason for that, too.

In August, tight ends coach and recruiting coordinator Alex Golech said that the Cyclones place blocking as a priority for tight ends.

"I think [that's] probably the biggest thing we tell those guys after we're done recruiting them," Golech said. "We're gonna teach you how to block somebody, we gotta run the football — that's priority number one for us."

Like every tight end on the Iowa State roster, Allen is adept at blocking, but he has shown over the past two seasons that he's also the best receiving tight end the Cyclones have.

The Cyclones have been using a 12 package often this season with redshirt senior blocking tight end Sam Seonbuchner on the field at the same time as Allen. In passing downs, this usually results in Seonbuchner sitting back and blocking — which gives the Cyclones max protection and allows whoever



IOWA STATE DAILY

Iowa State tight end Chase Allen is tackled after catching a pass during a game against Kansas on Oct. 14, 2017. Cyclones defeated Kansas 45-0.

the running back is to run a route — with Allen either lining up in the slot or running a route from a three-point stance.

Allen has six targets on the year, and he's mainly been spotted in the middle of the field, with most of his receptions coming on in routes and curl/stop routes, utilizing his frame to present a big target for Noland.

"He's played really good football so far," Campbell said.

For the first time since Campbell has been at Iowa State, the Cyclones have a weapon at tight end.

With his status up in the air, a developing part of the Cyclones' struggling offense could be put on hold for another week.



GILLIAN HOLTE/ IOWA STATE DAILY

Sophomore Audrey Kern instructs a Zumba class in State Gym on Thursday. Zumba is offered at State Gym on Wednesdays, Thursdays, Saturdays and Sundays.

Curbing stress with Zumba

Fitness classes may help students’ academic performance

BY ADOLFO.ESPITIA
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Attending weekly fitness classes, like Zumba, may lower stress levels for students with demanding lifestyles.

According to the National College Health Assessment, stress has been the leading factor affecting academic performance since 2010, specifically for Iowa State students. Falling into academic pressure may lead to unwanted stress affecting a student’s daily life.

Piling stress has adverse effects for a student’s well-being which could potentially affect their academic performance, according

“It’s easy to walk in and join, it doesn’t matter if you’re doing it right it’s just about having fun.”

- Megan Johansen, instructor

to the assessment.

Combating stress with exercise provides numerous benefits for a balanced and healthy lifestyle. Beginner-level fitness classes, like Zumba, aim to bring an exciting and fun approach with a Latin and English inspired playlist.

Erin Baldwin, assistant vice president for student health and wellness and director of Thielen Student Health Center, said stress can manifest itself in physical, mental, emotional and behavioral areas. A few examples of signs include: trouble sleeping, exhaustion, trouble concentrating, feeling depressed and poor health habits.

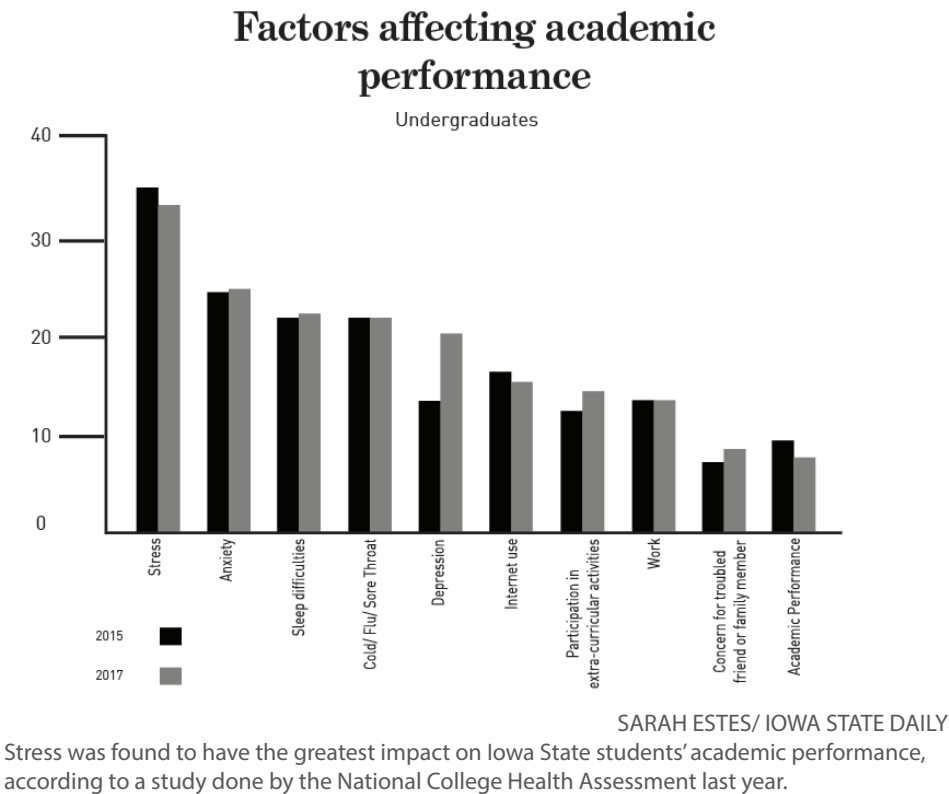
“Stress can become so overwhelming that it becomes the primary focus for the student,” Baldwin said. “It may paralyze them in the sense that they are not able to function in those areas.”

Integrating exercise in a student’s schedule is an option for stress management. The U.S. Department of Health and Human Services recommends at least 150 minutes of moderate aerobic activity a week for adults. Jacob Meyer, assistant professor in kinesiology who specializes in exercise and mental health, said exercise can reduce stress levels even hours and days after a single session.

Students aren’t limited to traditional exercise; Meyer stressed the importance of finding enjoyable activities.

“It’s more important that people are doing something they think is fun because next week those people who enjoyed what they did will be back,” Meyer said.

Uplifting, hip-shaking music is a high energy option for students to let loose. For Zumba instructor Megan Johansen, junior



in accounting, her attendance began as a way to relieve stress, a way to forget about everything and dance.

“You’re just having fun and forget you’re working out,” Johansen said.

As a beginner to intermediate intensity-level classes, Zumba has received positive feedback from students. Multiple instructors offer unique styles that may appeal to any student.

“Everyone is really excited about it. It doesn’t matter if they know how to dance,” Johansen said. “It’s easy to walk in and join, it doesn’t matter if you’re doing it right it’s just about having fun.”

Classes are 50 minutes and offered on Wednesday, Thursday, Saturday and Sunday evenings. Students interested can reserve a spot by signing up at Iowa State’s recreation services website. Students struggling with chronic stress can also check the student health and wellness page to learn more about other free resources on campus.

Zumba is offered on Wednesdays, Thursdays, Saturdays and Sundays at State Gym.



JORDYN DUBOIS/ IOWA STATE DAILY
Tibetan Monks focus on drawing the lines for the Mandala Sand Painting Exhibition. The purpose of the exhibit is to introduce students to the authentic and sacred Tibetan arts.



JORDYN DUBOIS/ IOWA STATE DAILY
The Tibetan Monks perform chants and traditional music at the opening ceremony for the Mandala Sand Painting Exhibition on Monday afternoon. The goal is to show communities the traditions of the Tibetan Monks.

Tibetan Monks to introduce authentic art



JORDYN DUBOIS/ IOWA STATE DAILY
Table arrangements of the Mandala Sand Painting Exhibition in the main lounge of the Memorial Union. The mandala will be painted by Tibetan Monks each day throughout the week.

Jethro's BBQ

TUESDAY

\$3 QUARTER POUNDER STEAK BURGERS
\$4 MARGARITAS AND LONG ISLANDS

WEDNESDAY

WING WEDNESDAY
SLOW SMOKED WINGS \$4 A POUND
MUG NIGHT \$8 BUY, \$5 FILL
select beers

THURSDAY

1/2 PRICE BUBBA'S BONELESS WINGS
\$1 OFF ALL LOCAL AREA BEERS

SUNDAY

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DANIELLE PETERSON/ IOWA STATE DAILY
Kunga Gyalsen uses a funnel and scraper to get the sand base paint smoothly through the funnel. This is part of the Tibetan Monk Mandala Sand Painting exhibit held in the Memorial Union on Monday afternoon.